

NEWBURY VELO

Newbury Velo Open 15 Mile TT

31st May 2021

Date: 31st May 2021
Start Time: 08:30

Registration opens: 07:15
Course: H15/3

Race Director: Glen Knight

Tel: 07766831267

Email: me@glenknight.co.uk

Time Keepers: Howard Waller (Python RT) & Christina Demetriou (Reading CC)

Social Distancing Officers and Marshals from Newbury Velo

First Aiders: Glen Knight, Rachael Elliott, Jaymi Dooley
Location: Boxford Village Hall
Lambourn Road, Boxford
Newbury, RG20 8DD

IF YOU ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 THEN PLEASE DO NOT COME TO THIS EVENT.

BRING YOUR OWN PEN AND A WORKING REAR LIGHT!

Whilst we have many procedures outlined below we may have to make changes based on events on the day. These will be communicated fully where appropriate. You are expected to follow the guidance of the marshalls.

This event is run under CTT regulations which can be found here: <https://www.cyclingtimetrials.org.uk/>

1. Event HQ

We are using Boxford Village Hall. There will be toilet facilities available. These are not to be used as changing facilities. Due to COVID restrictions there will be no changing facilities. You are asked to not urinate in the carpark or grounds or change in full view of any of the residents.

We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility.

DO NOT arrive too early or you will be asked to stay in your vehicle, There will be no gatherings permitted in the carpark. Turbo trainer/roller warm up are permitted at HQ but only directly behind/in front of your parked vehicle. You are encouraged to warm up on the road to ensure you are not gathering with other riders. Riders not following guidelines or instructions from officials will not be permitted to race and will be reported to CTT.

2. Sign-On

Riders not signing on 20 minutes before their start time will have their place assigned to a reserve rider. Reserve riders are expected to sign-on before racing resumes and leave contact details.

Sign-on is currently very different to what we are used to. No hugging, no kissing and no exchanging of niceties. But there are some other restrictions in place. You will be expected to follow them. Please bring your own pen!

We will ask you to respect the social distancing rules and **maintain 2m distance** between people in all directions at all times. This is to ensure we can successfully run this event and others in the future and that any curtain twitchers have no material to send to the local gossip column/social media outlet/news outlet. We are all in this together so please **respect the volunteer team** and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, will be reported to CTT and refused entry to future events.

If you will not be attending then please let us know by messaging the organiser on 07766 831267.

Your temperature will be taken by the official handing out numbers. Anyone who doesn't get a smiley face on the thermometer will not be permitted to race. Your number will be placed on a table at the HQ, please check your number on the list below. The numbers are new, have never been used and the person putting them out will have taken necessary sanitizing steps before and after laying them out. **No safety pins will be provided, if you need them, you will need to bring your own.**

3. Course Detail

Start on the B4000, at the junction to Boxford Road. Proceed south-eastwards on the B4000 to the roundabout at the junction with the A4 (2.7 miles) taking the 3rd exit on the roundabout (M1, 2, 3) on the A4 towards Hungerford. Continue across the first mini roundabout (9.4 miles) and turn at the **second roundabout** (9.5 miles) and retrace on the A4 to a point at the west edge of a field gateway (15 miles).

Please take care approaching the turn at Hungerford as this will be the busiest section for traffic (when we say busy, there may be a couple of cars at the roundabout). Anyone seen flaunting traffic regulations at this point will be **reported by marshals** which could **result in a DQ and a report to the London West District Committee**.

Strava Route: <https://www.strava.com/segments/25734856>

4. Race Protocol

Participants will be asked to maintain social distancing. **No gatherings in groups, you are encouraged to warm up on the road but turbo trainers can be used, only directly behind your vehicle.** If you arrive early you will be permitted to ride on the roads to warm up or sit in your car. We will have 6 waiting spaces marked out plus the rider waiting to race at the start line, therefore **please only arrive at the start line a maximum of 6 minutes before your time listed in Appendix A.** You will not be permitted to wait if you arrive earlier. Please note there is a road to a working farm just before the start line. You are requested to not cycle up and down this road.

Riders are not permitted to ride on course with a number on their back. There are plenty of other roads where warm up is possible

without riding on the course. Please be mindful of racers when arriving by bicycle.

The Time Keepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a working rear light. **If either of these are missing you will not be permitted to race.** There will be no “pusher offer” and you will have to do a standing start on your own. Rolling starts will not be permitted.

Make it easy for the finish time keepers, when you cross the line, shout your number. **As loud as you can. Do not approach the finish time keeper at any point for any reason.**

5. Race Results

Race results will be displayed at HQ on big screens, we will also have a live results service running on our Twitter feed and VTTA Facebook page which you can follow or by scanning the QR code at HQ when you return your number. You can follow us @newburyvelo on twitter or <https://facebook.com/newburyvelo>

These results will be provisional until verified by the official timekeepers. You can also scan the QR code at HQ to view the live results online. **Do not tamper with this equipment at HQ, no matter how IT savvy you are.**

6. Refreshments

To ensure we comply with the government regulations, the CTT guidance and risk assessment, as well as socially acceptable practice, there will be free individually wrapped cakes, donations welcome to our fund raising project supporting club activities for youngsters and less abled cyclists.

7. Start List

Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and will not be accepted in future events.

8. Vehicles on course

Time trialling under CTT regulations is unsupported. Riders must not be followed for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT. This practice and so called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances.

9. Summary

In these unusual circumstances we find ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the government guidelines, the CTT guidance and make sure that the risk to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum.

These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run these events.

We would like to thank all our volunteers.

Ride Safe. Ride Strong. **Thank you for your support!**

APPENDIX A - Start List

Solo			
No.	Start Time	Name	Club
1	08:31	Wayne Baker	Team Echelon
2	08:32	Brian Lewis	Bicester Millennium CC
3	08:33	Bob Brabbins	VTTA West Group
4	08:34	Susan Oldham	Bicester Millennium CC
5	08:35	Michael Gallucci	Socks4Watts Race Team
6	08:36	Hannah Quay	Reading CC
7	08:37	Anne Clark	PDQ Cycle Coaching
8	08:38	Gary Martin	Westerley Cycling Club
9	08:39	Ed Hoskin	Mickey Cranks Cycling Club
10	08:40	Lee Harris	Bicester Millennium CC
11	08:41	Sophie Quay-Clark	Palmer Park Velo
12	08:42	John Howells	Corinium Cycle Club
13	08:43	Rachel Green	Cheltenham & County Cycling Club
14	08:44	Marianne Day	Swindon Wheelers
15	08:45	Gillian Morgan	Westerley Cycling Club
16	08:46	David England	Crabwood Cycling Club
17	08:47	Ian Marshall	Bicester Millennium CC
18	08:48	Neil Druce	Didcot Phoenix CC
19	08:49	Gillian Reynolds	Willesden CC
20	08:50	Samantha Messenger	Bicester Millennium CC
21	08:51	Joseph Martindale	Chippenham & District Wheelers
22	08:52	Sonia Laurie	New Forest CC
23	08:53	Roger Taylor	Frome and District Wheelers
24	08:54	Joanna Knight	Bristol South Cycling Club
25	08:55	Robert Barrett	FloatAero Race Team
26	08:56	Peter Iffland	Chippenham & District Wheelers
27	08:57	Andrew Reardon	Newbury Velo

28	08:58	Joy Payne	High Wycombe CC
29	08:59	Matthew Russell	Team Swindon Cycles
30	09:00	Youssef Glover	Devizes Town Cycling Club
31	09:01	Peter Kench	ASE racing
32	09:02	Gavin Mitchell	Twickenham CC
33	09:03	Cliff Voller	Newbury RC
34	09:04	Daniel Kempe	Bristol South Cycling Club
35	09:05	Mike Logue	ZeroBC Race Team
36	09:06	Karl Norris	360VRT
37	09:07	Billy Dyer	BJ cycling
38	09:08	Danielle Shrosbree	Team LDN
39	09:09	Lawrence Martindale	Chippenham & District Wheelers
40	09:10	Marianne Holt	Fareham Wheelers CC
41	09:11	Ben Walker	ZeroBC Race Team
42	09:12	Andrew Payne	Maidenhead & District CC
43	09:13	Darren Anderson	Fareham Wheelers CC
44	09:14	Andrew Legge	Bristol South Cycling Club
45	09:15	Richard Berry	Twickenham CC
46	09:16	Mike Askins	Chiswick Cycling Club
47	09:17	Danuta Tinn	Maidenhead & District CC
48	09:18	Chris Beales	Pearson Cycling Club
49	09:19	Amy Marks	Team LDN
50	09:20	Paul Morris	Fareham Wheelers CC
51	09:21	Jamie Copus	High Wycombe CC
52	09:22	Sarah Matthews	...a3crg
53	09:23	Alan Allcock	Didcot Phoenix CC
54	09:24	Stuart Martingale	Sotonia CC
55	09:25	Stu Carver	North Hampshire RC
56	09:26	Stan Nwaka	Verulam CC
57	09:27	Quentin Cowan	Farnborough & Camberley CC

58	09:28	Alexander Donger	Oxonian CC
59	09:29	Jon Pridham	Rule 5
60	09:30	Ragnar Laan	Twickenham CC
61	09:31	Christopher Edginton	ZeroBC Race Team
62	09:32	Gareth Williams	Twickenham CC
63	09:33	Richard Cornes	Newbury Velo
64	09:34	Justin Webb	...a3crg
65	09:35	Mark Bradley	Bristol South Cycling Club
66	09:36	James Moss	North Road CC
67	09:37	Peter Oliver	ZeroBC Race Team
68	09:38	Neil Mackley	...a3crg
69	09:39	Matt Fisher	Newbury Velo
70	09:40	Nik Allen	Team TMC
71	09:41	Toby Brown	trainSharp Development Team
72	09:42	Robert West	AeroCoach
73	09:43	Cormac Nisbet	High Wycombe CC
74	09:44	James Fawcett	...a3crg
75	09:45	Thomas Day	SEG Racing Academy

Tandems

No.	Start Time	Name	Club
77	09:47	Ian Greenstreet Rachael Elliott	Newbury Velo

NEWBURY VELO

- Organised group rides with competent, qualified, 1st aid trained and DBS checked ride leaders. Road and off-road opportunities available.
- Organised coaching sessions by British Cycling qualified coaches from specialist beginner coaching, ladies' specific, youth and race/track sessions.
- Frequent velodrome trips for all levels from those that have never ridden velodrome to national track champions.
- Participate in team events in local sportives, time trials and online with Zwift.
- Opportunities to volunteer for national events, coaching and racing. Training offered where appropriate.
- Members only social events. Virtual cycling, BBQs, awards evening, and more...
- Off-bike workshops. Bike maintenance, nutrition presentations.
- Access to member exclusive benefits. Discounts at local businesses, Zwift virtual cycling club kit, discounted custom club kit from Kalas.
- Members' only Facebook and Strava groups where members can share achievements, goals, general banter & support from a wealth of experience from all walks of cycling.
- Help and advice on things to consider when commuting.
- Family-friendly club with rides and events for all the family.
- Activities just for the kids! Children of up to 7 can join as a 'Velomite' and children of 8-15 can take out junior membership. Activities for tiny tots on balance bikes all the way up racing activities for children with a competitive streak.
- Get commuting savvy! Hints and tips to make commuting by bike easy and accessible, from 'what to do if you get a puncture' through to 'choosing the best women's saddle for commuting'.

BUT MORE THAN THIS, IT'S A PLACE FOR EVERYONE WHO ENJOYS THEIR CYCLING

FOR MORE INFORMATION OR TO JOIN

email: info@newburyvelo.cc

or visit: www.newburyvelo.cc

www.facebook.com/newburyvelo